Collection & Shipping Instructions for

Gastrointestinal Testing (container)



- Please follow the instructions below to accurately complete the requisition. For additional assistance, please call 903.805.9955.
- The patient's identity should be verified with the identity on the requisition form by checking two of the following:
 - **A.** Patient's Name (first and last name required)
 - B. Birth Date
 - C. Social Security Number
- Please be sure to send appropriate demographics and insurance information with laboratory requisition and patient sample.

Stool Collection (Green Top - Red Liquid)





Urinate into toilet if needed. Urine **cannot** come in contact with the stool sample.



Lift toilet seat. Place sheets of plastic wrap over the toilet bowl, leaving a slight dip in the center.

Place the toilet seat down.



Pass stool onto plastic wrap.

Alternatively, use a clean bowl or sterilized bedpan or collection hat. **Do not let urine or water touch the stool specimen.** Collection hats provided upon request.



Using the spoon attached to the cap, place bloody or slimy, white mucous areas of the stool (if present) into container(s). Do not overfill container. If the stool is liquid, a sterile transfer pipette may be used.



Container with liquid:

Add 2-3 spoonfuls of stool until the liquid reaches the "Fill Line." Tighten cap securely and shake to mix.

In the event the mixture is too thick (gel-like), prepare a new container using less fecal matter.



Wash hands with soap and water. Write name, date of birth, date and time of collection on each container.

Place containers into specimen bag and seal.



All Specimens:

Refrigerate at 4-8° C (39.2-46.4° F) for **no more than 4 days**.

Specimens received at the lab after 4 days from collection may not be viable for testing.

LABORATORY

Collection & Shipping Instructions for **Gastrointestinal Testing (vial)**



- Please follow the instructions below to accurately complete the requisition. For additional assistance, please call 903.805.9955.
- The patient's identity should be verified with the identity on the requisition form by checking two of the following:
 - **A.** Patient's Name (first and last name required)
 - B. Birth Date
 - C. Social Security Number
- Please be sure to send appropriate demographics and insurance information with laboratory requisition and patient sample.

Stool Swab Collection (Orange Top - Clear Liquid)





Urinate into toilet if needed. Urine **cannot** come in contact with the stool sample.



Lift toilet seat. Place sheets of plastic wrap over the toilet bowl, leaving a slight dip in the center.

Place the toilet seat down.



Pass stool onto plastic wrap.

Alternatively, use a clean bowl or sterilized bedpan or collection hat. **Do not let urine or water touch the stool specimen.** Collection hats provided upon request.



Peel open sterile pouch and remove vial of medium and Puritan swab.

Do not touch the swab tip.

Collect fecal specimen by swabbing the fecal sample.



Withdraw and examine to make sure there is fecal material visible on the swab tip.



Using appropriate aseptic technique, remove the vial cap and insert the swab into the vial.



Holding the swab shaft between thumb and finger, mash and mix the stool specimen against the side of the vial to evenly disperse and suspend the specimen in the medium.



Place the swab shaft with the breakpoint against the rim of the vial. Bend and break the swab shaft at the breakpoint.



Replace the vial cap, securing tightly. Record patient info in the space provided on the vial label and transport the specimen to the lab.



All Speciens:

Refrigerate at 4–8° C (39.2–46.4° F) for **no more than 4 days**.

Specimens received at the lab after 4 days from collection may not be viable for testing.

Delivery Instructions for **Patient Stool Sample**



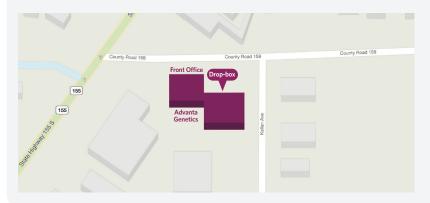
For detailed collection instructions, please see the accompanying instructions with this document.

Sample Delivery

Option 1: You may drop your sample off at our lab at the location below.

Advanta Analytical Laboratories 10935 CR 159, Tyler, TX 75703

With Option 1, you may either drop it off in the **drop-box outside the east side of the building** (pictured to the right), **OR** you may drop it off inside the building at the **front office** during weekdays from 8am-5pm.





Option 2: You may ship your sample to us by dropping your FedEx bag at any FedEx location or at a local Walgreens where FedEx picks up.

Option 3: You may call FedEx and have a driver pickup the pre-paid package from your home at no charge.

Instructions for FedEx home pickup:

- Call 1-800-463-3339
- Press "0" at the prompts until you are connected with a FedEx representative. (You will be need to press "0" four times)
- Tell the representative you would like to schedule a pickup using a priority overnight label
- Representative will ask for your address and time to pickup

Once your sample arrives at the laboratory, your doctor will receive the results within 24-48 hours.

If you have any questions or issues with collection and shipping, please call us at 903.707.2197.

Collection Instructions for

Raku-Ryu Cup Stool Sample

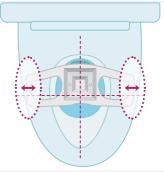


Stool Collection



1. Preparation

Peel the paper lining from the back side of the double-sided tape. **Caution:** the paper lining cannot be flushed.



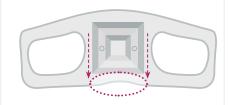
2. Setting

Place the sampling sheet onto the back side of toilet seat or the bowl. Adjust the width of the tape position on the seat to change the hight. Affix the double-sided tape to the seat or the bowl.

Caution: Place onto the toilet bowl if using toilet sheet cover. Properly adjust the position after placement.

Setting Direction

The notched area should face the front of the toilet.



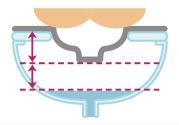
Setting Image

Affix the double-sided tape farther back than the center of the seat.



Setting Height

Between the middle height from adjusting point to pooled water.





3. Flush After Stool Sampling

After toilet use, test the stool sample.

At first, flush the toilet paper accumulated in the toilet bowl using the water of amount of to flush the feces, then flush this product that feces are caught using the water of amount to flush the feces.

For tank-type toilets, flush after the tank is supplied with sufficient water.



When flushing, in any case:

Please tilt toilet tank lever enough to flush the stool. Please hold for 5 seconds as is.

<u>THE HUMAN ADVANTAGE</u>